

WORKING WITH DIVERSE COMMUNITIES (FACT SHEET 4)



StandingTallNZ.org

Whaiaia te maatauranga hei oranga mo koutou

START HERE

Kia ora and warm pacific greetings. This information is for a person who has experienced sexual abuse and a support person wanting to do their bit to help find a way forward. Taking and hearing about sexual abuse can be challenging, and it's not easy to know what to do, especially when that person could be part of your whānau, aiga or work colleague. At StandingTallNZ.org, we have created a world-first approach to guide you through this difficult time. This process is called CALEB ©

USING CALEB ©

- **Create a supportive space first.** Some services do not provide disability services or affirm sexual orientation or gender identity. Letting a support person know you need help can reduce barriers by working together (refer to the last tip at the bottom of the page).
- **Apply aroha (love) and avoid judgment.** - Questions like "why didn't I/you stop it," "why did this happen?", "why aren't you over it?" isn't helpful; this will only create more harm. The bros told us that sometimes telling someone they trust first can be enough for them in the short term before they consider their next move.
- **Learn about what is available and what works for you.** There are organisations and some free 0800 numbers available in Aotearoa. **Contact us** for more information.
- **Engage with support services.** Ask what experiences community services have working with diverse communities, including Māori/Pacific, LGBTI+, and disabilities. If they don't have the experience you need, ask for recommendations for appropriate services.
- **Be aware of judgement and prejudice.** Not every service or professional is going to have the skillsets you need. If you feel services aren't being respectful, consider making complaint/provide feedback. Finding the right person or service can take time.

LAST TIP

Access our resources, videos and helpful information by going to our website and platforms below

WWW.STANDINGTALLNZ.ORG

