

FOR ORGANISATIONS WITH NO EXPERIENCE OF DEALING WITH A SEXUAL ABUSE DISCLOSURE (FACT SHEET 3)



StandingTallNZ.org

Whaia te maatauranga hei oranga mo koutou

START HERE

This factsheet is for organisations that have no expertise in dealing with male sexual abuse disclosures. It can be difficult to know what options there are and what you can specifically do to support your client. At StandingTallNZ we have created a world first approach to guide you and your client to get the right kind of help. This process is called NIGEL ©

USING NIGEL ©

When you hear a sexual abuse disclosure from your client consider applying the following approach;

- **N**EXT find what options are available in your area. Use our website and go onto “Free Helpline in NZ.” Most phone lines listed are available 24/7.
- **I**ntroduce your client to what relevant options there are. Also make the effort to go over the services and ensure your client knows who they are and what the service offers.
- **G**ive them time and space. Don't force your client to make contact it's very normal for them to go away and think about the options given.
- **E**ngage in a further conversation. Our research shows that men affected by childhood sexual abuse feel embarrassed but do value a follow up conversation on the services offered a week or two later.
- **L**et them know you're here to support them. Men can especially feel vulnerable reaching out for support. Letting them know your able to support them can reduce barriers and feelings of anxiety to reach out.

LAST TIP

Access our resources, videos and helpful information by going to our website and platforms below

WWW.STANDINGTALLNZ.ORG

